

♥ Born of **HOPE**



## A Letter from our Executive Director

During two full years of operation, we have seen transformations in families that once faced life in the grip of substance use disorder – and they are thriving!

With our help, a mom who battled substance use disorder for years was able to have her daughter lovingly treated through withdrawal – and she also found the support she needed to participate in her own treatment. Her daughter is now home with her mom and dad, and the family continues to do well.

This is just one of many examples of how we've seen lives changed. Every family is different, and yes, many of our graduates will face challenges and setbacks - but don't we all?

Brigid's Path is a one-of-a-kind resource for our community. As the first newborn recovery center in Ohio and the second in the country, we've created a path forward for families.

We are grateful to every community partner, individual and business who has supported us. We cannot do this work without you, and because of you, families in our community are being healed and transformed.

Thank you for your help in building and growing Brigid's Path!

**Jill Kingston**  
Executive Director

## Our Team

A dedicated team of more than 50 trained medical professionals provide both non-pharmacologic and medical care for our babies 24 hours/day, 7 days/week.

In 2019, more than **120 volunteers** shared more than **13,000 hours** of their precious time with us, cuddling babies, doing laundry, cleaning our facility and more. We are grateful for all the ways people support our mission!

## Our Mission

Brigid's Path improves the health of newborn babies and mothers impacted by addiction. We offer grace for the past, support for the present, and hope for the future.



## 2019 Financial Report

### Income:

- Contributions: **\$1,055,287**
- Fundraiser: **\$84,421**
- Grants: **\$963,227**
- Donated services and materials: **\$137,743**
- Program Revenue: **\$21,000**

Total public support, revenues and gains:  
**\$2,261,678**



### Expenses:

- Program services: **\$2,119,941**
- General and administrative: **\$216,288**
- Fundraising: **\$244,691**

Total expenses: **\$2,580,860**





## 2019 Outcomes and Successes

In our second full year of operation, we saw countless lives transformed with grace, support and hope. It's hard to quantify all the ways we change lives, but a few of our successes from January to December 2019 include:



### Families Served

40 babies cared for, with 38 discharged in 2019  
1,942 days of 24/7 care provided

- **35%** of our referrals came from Child Protective Services
- **27%** of our referrals came from moms
- **27%** of our referrals came from local hospitals
- **11%** of our referrals came from mother's treatment providers



### The Brigid's Path Difference

In our quiet, dim environment, we routinely see Finnegan scores – assessments of the common signs of neonatal drug withdrawal – at least four points lower than hospital assessments.

We have **never** had to give a rescue dose of medication in our two years of operation. We have **never** delayed a weaning, and because of our focused attention and non-pharmacological care, our babies need less medication to support their withdrawal.



## The Path Forward

**Every one of our families** needed trauma therapy and lacked reliable transportation upon arrival at Brigid's Path. Seventy percent of our families lacked safe housing.

In addition to assisting with these major needs, we support our families in connecting them with other community services:

Brigid's Path Mom's Support Group: **12**

Help Me Grow: **14**

MVC Development Centers: **13**

WIC: **38**

Cincinnati Children's NAS Clinic: **5**

Dayton Children's NAS Clinic: **25**

Nationwide NAS Clinic: **1**

Pediatrician Follow-up: **7**

Family Treatment Court: **3**

Without Brigid's Path, **24 babies** would have been placed immediately into foster care from hospital care in 2019. Instead, we were able to give families more time and space to determine their future.

38 babies discharged in 2019

Home with parents: **3**

Home with mom: **6**

Home with dad: **1**

Home with kinship: **16**

Placed in foster home: **8\***

Safe Families: **4**

\*Two in care at admission

In 2020, we are building a Family Advocacy Center to expand our education, assistance and support for families. We helped **89 family members** get connected with local resources in 2019, and we will maintain a relationship with each family to support them for as long as they need.



## Brigid's Path Administrative Staff

**Jill Kingston**  
Executive Director

**Jane Snyder**  
Development Director

**Lea Gauthier**  
Compliance Manager

**Melanie Krissek**  
Controller

## Brigid's Path Infant Care

**Dr. Lisa Jasin, DNP, NNP-BC**  
Clinical Director

**Dr. Stephen Hunter, MD**  
(MEDNAX-affiliated neonatologist at Dayton Children's Hospital)  
Medical Director

**Rebekah Baumer, RN**  
Nursing Manager

## Brigid's Path Contact

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## Brigid's Path Board of Directors

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## Brigid's Path Strengths-Based Family Advocacy

**Shelby Borchers**  
Family Advocacy Supervisor