2022 ANUAL REPORT





Grace for the Past, Support for the Present and Hope for the Future

We are FAMILY champions.

Our belief in the transformative power of family is unwavering. We recognize that healing begins at the very start of life for our babies. Our dedication to fulfilling our mission has strengthened as we enter our fifth year of operations. We constantly expand and improve how we support our babies and their families as we strive to provide holistic care.

Brigid's Path is a catalyst for positive transformation in the lives of babies and their families. We operate with the fundamental principles of love, respect, and dignity toward every individual we serve. Our team is committed to working with grace and perseverance to provide hope to our families.

Throughout the following pages, you will witness the profound impact that being champions for families has on the lives of those we serve. Our unwavering faith in the potential of every baby and their family drives our relentless efforts to pave the way for a brighter future.





The love, support, encouragement, and hope that you all give is nothing short of life changing and amazing. To be treated like a person, to be cared for like family, and to be helped in more ways then one, selflessly, are just some of the reasons I can never give up on life and ultimately on love. You all are forever family. And I thank you so much."

There honestly are not enough words to describe the amazing care that was given here. The respect and honesty I was given is also beyond words. Everyone is just there immediately when needed as far as helping with baby.



You've given me hope that I can actually do this. I'm so grateful to you guys."

Dear friends of Brigid's Path,

The babies and families we serve are a never-ending source of inspiration, kindling a spark of hope and profound gratitude within us.

With the arrival of each precious newborn, there is hope for a bright future. The transformative power of Brigid's Path strengthens families with renewed faith in the journey ahead, allowing them to dream and experience the healing power of being surrounded by a community that offers unwavering support and that truly believes in their potential.

The trust families build with us is the foundation of our success, and their faith in our work at Brigid's Path humbles us. We take pride in the remarkable dedication of our team, who show up each day with boundless love and kindness, committed to caring for babies and families. It fills our hearts with gratitude to witness how you and our community continue to shower Brigid's Path and our families with ongoing support and hope.

In 2022, our busiest year yet of caring for babies and families, we saw so many blessings including:

- Caring for 35% more babies and families with grace, support and hope
- Reducing the medications our babies need while increasing our ability to care for babies with complex medical needs
- Launching a prenatal program that served 27 pregnant moms
- Helping 90 percent of babies cared for stay with family by wrapping services, advocacy and support around them

From our start, God has called us to build a more compassionate and effective way to care for babies and their families impacted by substance use. As we reflect on our achievements in 2022, we are filled with an overwhelming sense of joy and hope.

> As we look faithfully towards the future, we remain determined as we continue offering grace for the past, support for the present and hope for the future. We cannot express our gratitude enough for the countless ways you have supported and walked alongside us, as we transform the lives of babies and their families.

> > With all of our gratitude,

Megan and Jill



As we marked our fifth year of caring for babies and families, we witnessed countless lives touched through new beginnings, transformation, and hope.

Our work as family champions shows up in our daily actions: babies cuddled, hands held, trust built, and community growth. The result is life-changing for babies and their families.



2022 RESULTS

57	BABIES RECEIVED CARE while
	staying at Brigid's Path

36 MOMS ROOMED IN during their baby's stay

27 PREGNANT MOMS were served through our newly launched prenatal program

90% of our babies discharged went home with **FAMILY**

> 61% WITH MOM 20% WITH KINSHIP **8% WITH BOTH PARENTS TOGETHER** 2% WITH DAD

77% of our babies admitted would likely have gone **IMMEDIATELY** into foster care from the birth hospital if Brigid's Path wasn't here

\$1,480 is the **COST PER DAY** when a baby is cared for at Brigid's Path vs. \$6,284 per day in a hospital.

266 unduplicated lives of babies and kin were impacted

- 177 CAREGIVERS

- 88 BABIES AND CHILDREN

6.9 dαys average BABY MEDICAL LENGTH OF

44 days average BABY LENGTH OF STAY

32 years average AGE OF MOMS SERVED

14.5 days average BABY AGE AT ADMISSION

2 days youngest BABY AGE AT ADMISSION

9 Ohio counties SERVED

195 BABIES AND FAMILIES CARED FOR FROM December 29, 2017 through December 31, 2022

Our team provides non-pharmacologic care 24 hours/day, 7 days/week.

JOURNEYS BORN OF Faith

One of the most gratifying aspects of our ministry is seeing the transformational journey of the families we serve. We aim to foster a community that will continually uplift and encourage families. In pursuit of this objective, we launched a prenatal program, bolstered aftercare support, and continued to celebrate milestones in the lives of our families throughout the year.



"Brigid's Path saved My family. If it wasn't for the continued support and all the help they've given me I would have lost my son, given up, and probably continued with my addiction. But thanks to all their support and help and all of the things that they taught me and that I've learned I'm now sober 10 months. I have my own home and I have full custody of my son and literally all of that is because Brigid's Path was there for me. In the beginning they helped me build a strong foundation for me and my son and they gave me the motivation, the encouragement, and all the resources and skills that I now use every day."

"Brigid's Path has been a huge supporter and resource for me and my family. While I was pregnant and in my second trimester, they helped me apply for a maternity faith-based program called Joshua Recovery Ministries for my substance use struggles. Brigid's Path not only helped me land in a great sober home, of which I've maintained sobriety for over 7 months now, but they offered me classes along with incentives to make sure I was prepared to mother. Their parenting class, CPR class, breastfeeding class, and child development class were all really great and their baby showers helped to connect me with other mothers and mothers to be. Brigid's Path helped to guide me toward the right path and I would highly recommend them to anyone who wants to keep you and your baby happy and healthy."



CARING FOR BABIES IN THEIR Early DAYS

Did you know that at Brigid's Path we have licensed nursing staff 24 hours a day, 7 days a week? Our babies receive around-the-clock medical and non-medical care in a home like setting from trained and devoted medical staff and volunteers ensuring the best possible start in life.

We monitor babies as young as 24 hours old for possible substance withdrawal, manage medications to treat symptoms if needed, conduct medical assessments and symptom scoring and follow widely accepted healthcare best practices for Neonatal Abstinence Syndrome. With our trained and dedicated staff and volunteers we are able to provide individualized care for each baby to respond immediately to their needs and can reduce the amount of medications and the length of time that a baby may need medications.





4 | Brigid's Path 2022 Annual Report

BrigidsPath.org | 5

A Community of CHAMPIONS

Connecting to Brigid's Path can be a quiet whisper, the right connection at the right time, a chance encounter, or listening to where God is calling you. Brigid's Path receives valuable contributions from numerous volunteers, businesses, and community members who generously dedicate their time, skills, and financial resources to support us.



BRIXEY & MEYER

Brixey & Meyer and their Community Outreach Foundation have been amazing community partners. In 2022, they supported Brigid's Path by hosting a company-wide volunteer event during which 80 of their employees created "Mama" bags filled with items from lotion to bath robes to pamper our Brigid's Path moms. To make it extra special, they included handwritten notes of encouragement in each bag. Two Brixey & Meyer employees, John Garrity and Heather Osborne, have instrumentally supported Brigid's Path, personally and professionally. Both dedicate their time, talent, and treasure by serving on our Board of Directors. We are extremely grateful for the entire Brixey & Meyer family and the dedication of John and Heather.





VOLUNTEER Spotlight

LINDA DOMI VOLUNTEER

Allow us to introduce Linda Domi, one of our original volunteers who has been with us since 2017. Linda was essential in preparing our facility for its opening, starting with assembling cribs and stocking nurseries. Linda serves as a front desk volunteer, mentors new volunteers, cuddles babies, and offers assistance wherever necessary. Her kind and gentle nature, as well as her strong faith, inspires everyone who meets her. Linda's cheerful disposition and warm demeanor help ease the anxieties of families. When not volunteering, Linda spends time tending to her garden or visiting loved ones. Her selfless commitment to our babies and their families is truly a blessing, and we are incredibly grateful to have her as a part of the Brigid's Path family.









6 | Brigid's Path 2022 Annual Report



Supporting BRIGID'S PATH

There are many ways to contribute to Brigid's Path and our mission of supporting our babies and families. We value and welcome all forms of support! One such way is to enroll in our monthly giving program, Circle of Hope. Our recurring donors are vital in sustaining our efforts to care for substance-exposed newborns and provide comprehensive support services for their mothers and families. Through Circle of Hope, you can be part of the ongoing assistance to the babies we serve.

Other ways to support our ministry of providing grace, support, and hope:





DONATE

Check out the wish list on our website (we update it regularly) or shop our Amazon Baby Registry.

www.brigidspath.org/donate

https://linktr.ee/brigidspath

SHARE OUR STORY

- Follow us on social media
- Invite Brigid's Path to speak at your church or community group
- Gather your friends and host a fundraiser for Brigid's Path
- Build awareness by wearing our logo www.brigidspath.org/shop

FUNDING A BETTER WAY

to Care for Families

As we move forward and strive to extend our services to more babies and families, we remain committed to securing Brigid's Path's financial future. We carefully evaluate the risks involved and our decisions are guided by prayerful discernment to ensure we take intentional steps toward achieving our goals.



FUNDRAISERS: 5.7%	DONATED GOODS/SERVICES: 6.5%

INCOME

\$632,757
\$180,824
\$2,127,142
\$204,892
\$3,513
\$3,149,128

EXPENSES

Program	\$2,667,611
Development	\$310,644
G&A	\$392,603
Total expenses	\$3,370,858



8 | Brigid's Path 2022 Annual Report



OUR Mission

Brigid's Path improves the health of newborn babies and mothers impacted by addiction. We offer grace for the past, support for the present, and hope for the future.

OUR Values

We are BOLD.

We are **FAMILY CHAMPIONS**.

We strive for a **SPIRIT OF HUMILITY**.

We are GROUNDED IN FAITH.

We are GOOD STEWARDS.

3601 South Dixie Drive, Kettering, OH 45439 937.350.1785 | info@brigidspath.org

BrigidsPath.org













2022 LEADERSHIP

ADMINISTRATIVE STAFF

Jill Kingston, Founder & President

Megan Zarnitz, Executive Director

Rebekah Baumer, Assistant Director

Nancy Slezak, Development Director

Jane Snyder, Community Relations &

Engagement Manager

Terri Stucky, Office Manager

Melanie Krissek, Controller

Jeff Wabler, Facilities and Security Manager

INFANT CARE

Dr. Lisa Jasin, DNP, NNP-BC, Clinical Director **Dr. Stephen Hunter, MD** Medical Director **Victoria Halfacre,** Nurse Manager

STRENGTHS-BASED FAMILY ADVOCACY

Eve Wojtowicz, Family Advocate **Lindsie Marsh**, Family Advocate

BOARD OF DIRECTORS:

Kurt Lenhart, PRESIDENT
John Garrity, CPA, CFE, TREASURER
Zachary Heck, VICE PRESIDENT
Beth Ling, SECRETARY
Lisa Barhorst
Dr. Zachary Beck
Pete Harsh, AIA
Brad Hausfeld
Andy Lehman
Sr. Joyce Lehman
Marcy Miller

Heather Osborne

Daniel Tryon

Roeneisha Wallace

Pat Walsh