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Brigid's Path Welcomes Assistant Director

KETTERING, OH (July 9, 2020) – [Brigid's Path](#), the first newborn recovery center in Ohio, today announced it is expanding its staff with the hiring of an assistant director. Megan Zarnitz will join the nonprofit organization to oversee the implementation of all programs within Brigid's Path including education, family advocacy, community agency partnerships and more, beginning July 13.

Zarnitz joins the Brigid's Path team after most recently serving as a social worker for babies and families facing the crisis of addiction; she has also served as a past director of refugee resettlement and a transitional housing programs manager. Her work and experience in understanding trauma to provide supportive, strengths-based care make her a tremendous asset to the Brigid's Path team.

"Every family brings their hopes and dreams with them when a child is born. Supporting families in bonding, growing their confidence and building their village helps promote both long-term success for babies, and also for those in their life who are caring for them," said Zarnitz.

"Over the past decade it has been difficult to see the ongoing and overwhelming impact of the opiate epidemic. As many community providers and systems have become overburdened and jaded, Brigid's Path has been a source of light and hope," Zarnitz continued. "The organization's focus on the dignity of those they serve and caring for infants, mothers and each other with grace, love and hope has been an inspiration to myself and those in the community who have been looking for a different way to better accompany our brothers and sisters on their paths of recovery. I view it as a privilege to be joining the agency in this work."

"We are so thankful to have Megan joining our team," said Jill Kingston, executive director, Brigid's Path. "She has a deep understanding and love of serving others, especially our families who face challenges related to trauma, addiction and lack of resources. We are grateful for the ways we know Megan will help lead us forward in creating a new way of caring for families."

Brigid's Path has cared for more than 90 babies and their families since it opened its doors in December 2017. More about the organization's community impact can be found in its [annual report](#).

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About Brigid's Path

[Brigid's Path](#) was founded in 2014 to care for babies and mothers in crisis with grace, love and hope. Our primary work is to care for infants born exposed to an addictive substance like prescription medication, opioids or other drugs, while also working with community partners to provide low-cost, holistic services to our families. We embrace and empower each baby's family to thrive.